

Patient Name: \_\_\_\_\_

Completed by: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_ Date: \_\_\_\_\_

## **Katz Activities of Daily Living Evaluation**

### **A. Bathing: Either sponge bath, tub bath, or shower**

- |   |   |
|---|---|
| 1. Receives no assistance (i.e. gets in and out of tub by self, if tub is usual means of bathing) | 2 |
| 2. Receives assistance in bathing only one part of the body (such as back or leg)                 | 1 |
| 3. Receives assistance in bathing more than one part of the body (or does not bath)               | 0 |

### **B. Dressing: Gets clothes from closet and drawers, including underwear and outer garments, uses fasteners**

- |   |   |
|---|---|
| 1. Gets clothes and gets completely dressed without assistance  | 2 |
| 2. Gets clothes and gets dressed without assistance except for help tying shoes                         | 1 |
| 3. Receives assistance in getting clothes or in getting dressed or stays partly or completely undressed | 0 |

### **C. Toileting: Going to the bathroom for bowel and urine elimination; cleaning self afterwards and arranging clothes properly**

- |  |   |
|--|---|
| 1. Goes to the bathroom, cleans self and arranges clothes without assistance   | 2 |
| 2. Receives assistance in going to the bathroom or in cleaning self or in arranging clothes after using bathroom or bedpan | 1 |
| 3. Doesn't use the bathroom for the elimination process  | 0 |

### **D. Transfer**

- |   |   |
|---|---|
| 1. Moves in and out of bed as well as in and out of chair without assistance (may be objects used for support such as cane or walker) | 2 |
| 2. Moves in and out of bed or chair with assistance   | 1 |
| 3. Doesn't get out of bed   | 0 |

### **E. Continence**

- |  |   |
|--|---|
| 1. Controls urination and bowel movements completely by self                               | 2 |
| 2. Has occasional "accidents"  | 1 |
| 3. Supervision helps keep urine or bowel control (i.e. catheter is used or is incontinent) | 0 |

### **F. Feeding**

- |  |   |
|--|---|
| 1. Feeds self without assistance   | 2 |
| 2. Feeds self except for getting assistance in cutting meat or buttering bread               | 1 |
| 3. Receives assistance in feeding or is fed partly or completely by using tubes or IV fluids | 0 |

**Total Score:** \_\_\_\_\_